



# MILLENNIUM TOWER - FITNESS CENTRE

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## ONLINE ACCOUNT SET UP & CLASS REGISTRATION

The Fitness Centre at Millennium Tower is moving towards a new registration system with LivNorth as of October 3, 2022.

### What does this mean for you?

The ability to register for fitness classes, personal training, and group training sessions!

**Please note:** You MUST purchase your class packages / Monthly membership pass through LivNorth before registering through the Member Portal. LivNorth can be contacted at [stanzos@livnorth.com](mailto:stanzos@livnorth.com) or visit Millennium Fitness to connect with a LivNorth representative.

**Classes will start on Tuesday, October 11, 2022.** - Registration opens the day before at 6:00 AM

### **Class Prices:**

Single Drop-In: \$10.00 + GST

10 Punch Card: \$90.00 + GST

Monthly unlimited Pass: \$38 + GST

Once you have signed up on the Aspen App and purchased your class packages/ monthly membership pass. You will be eligible to access the LivNorth membership portal.

Access to LivNorth membership portal is now available!

<https://milleniumtowerfitness.cshape.net/default2.aspx>





# MILLENNIUM TOWER – FITNESS CLASSES

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## MEMBER PORTAL AND CLASS REGISTRATION INSTRUCTIONS

Below are instructions for logging into LivNorth Member Portal, where you can register for classes (registration opens the day before at 6:00 AM). Please be advised that a package or monthly membership MUST be purchased before signing up for class. Please contact Sonya stanzos@livnorth.com or visit the fitness centre.

### CREATING A MEMBER LOGIN:

1. Go to Member Portal – <https://milleniumtowerfitness.cshape.net/default2.aspx>
2. Click: MEMBER
3. Type in: Last name-first name
4. Click FORGOT PASSWORD. An email will be sent with a temp password.

\*If you do not receive this within 15min please email Sonya stanzos@livnorth.com to reset \*

### REGISTERING FOR CLASS:

Click on Class Registration then search for the class you'd like to join. Click Register \*and then click ADD APPOINTMENT\*.

### CANCELLING CLASS:

If you would like to cancel, please visit the member portal, and cancel 15 minutes before class starts.