



ASPEN  
CLUB











An exclusive tenant experience.  
Delivering access to over 120,000 SF  
of amenities in Calgary and Edmonton  
to all Aspen tenants.

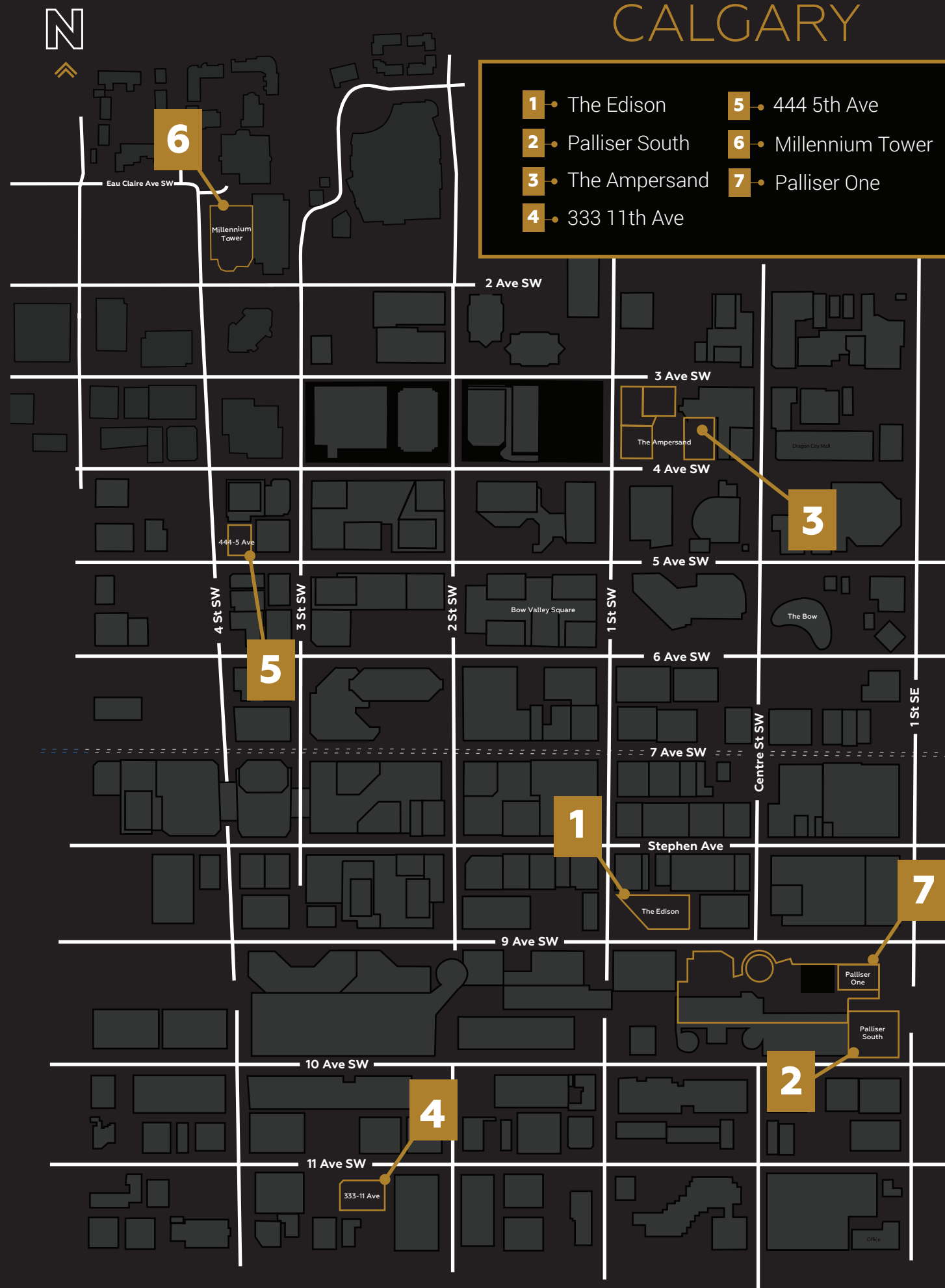
# ASPEN CLUB AMENITIES

## AVAILABLE AMENITIES

## LOCATIONS

	<b>FITNESS</b>	333 11th Ave   10104 103 Avenue   Millennium Tower   Palliser South   The Ampersand   The Edison
	<b>CONFERENCE CENTRE</b>	333 11th Ave   444 5th Ave   10104 103 Avenue   Millennium Tower   MNP Tower   Palliser South   The Ampersand   The Edison
	<b>LOUNGE</b>	333 11th Ave   444 5th Ave   Millennium Tower   MNP Tower   Palliser South   The Ampersand   The Edison
	<b>GOLF SIMULATOR</b>	10104 103 Avenue   Millennium Tower   MNP Tower   Palliser South   The Ampersand   The Edison
	<b>SPORT COURT</b>	The Ampersand   The Edison
	<b>PATIOS</b>	Millennium Tower   The Ampersand   The Edison
	<b>DOG PATIO</b>	10104 103 Avenue   The Ampersand   The Edison
	<b>BICYCLE STORAGE</b>	333 11th Ave   444 5th Ave   10104 103 Avenue   The Ampersand   Millennium Tower   Palliser South   The Edison

\* Conference credits required to book



# CALGARY

- 1 • The Edison
- 2 • Palliser South
- 3 • The Ampersand
- 4 • 333 11th Ave
- 5 • 444 5th Ave
- 6 • Millennium Tower
- 7 • Palliser One



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## THE EDISON

150 – 9th Ave SW, Calgary

### Concierge hours of operation

8:00 a.m. – 4:00 p.m. | Monday – Friday

### Concierge contact

587.893.1546

## CLUB AMENITIES



### IRON LAB FITNESS FACILITY

Hours of operation | 24/7

Location | 3rd floor

Additional Information | Equipment includes cardio and weight training equipment. The studio in the facility includes mats, medicine balls, weights, kettle bells and towel service



### CONFERENCE CENTRE

Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m.

Location | 3rd floor

Additional Information | Two conference rooms equipped with audio visual technologies. For bookings outside of regular hours, contact property management team



### TENANT LOUNGE

Hours of operation | 6:00 a.m. – 8:00 p.m.

Location | 3rd floor

Additional Information | Equipped with pool, ping pong, and foosball tables. Corporate events may be booked after 6:00 p.m.



### GOLF SIMULATOR

Hours of operation | 24/7

Location | 3rd floor

Additional Information | Play a round with your associates or practice on the driving range. Suitable for up to four people, this is a great area to relax or have a meeting. Complimentary golf clubs are available for sign out from the concierge desk



### BASKETBALL PRACTICE COURT

Hours of operation | 24/7

Location | 30th floor

Additional Information | Shoot hoops and stay active in our basketball key



### PATIO

Hours of operation | Patio is seasonal 6:00 a.m. – 6:00 p.m.

Location | 3rd floor

Additional Information | Access through the Tenant Lounge. Offers outdoor seating overlooking 1st Street SW



### DOG PATIO

Hours of operation | 24/7

Location | 3rd floor

Additional Information | Offers a unique private outdoor area for dogs to play and step outside the office



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## PALLISER SOUTH

140 – 10th Ave SW, Calgary

**Concierge hours of operation**  
8:00 a.m. – 4:00 p.m. | Monday – Friday

**Concierge contact**  
403.237.5259



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## THE AMPERSAND

144/140/112 – 4th Avenue SW, Calgary

**Concierge hours of operation**  
8:00 a.m. – 4:30 p.m. | Monday – Friday

**Concierge contact**  
403.781.8519

### CLUB AMENITIES



**FITNESS FACILITY**  
Hours of operation | 24/7  
Location | 2nd Floor  
Additional Information | This boutique facility includes cardio, weight training equipment and towel service



**TENANT LOUNGE**  
Hours of operation | 6:00 a.m. – 8:00 p.m.  
Location | 2nd Floor  
Additional Information | Equipped with pool table, bubble hockey and shuffleboard. Corporate events may be booked after 6:00 p.m.



**CONFERENCE CENTRE**  
Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m.  
Location | 2nd floor, access through the Tenant Lounge  
Additional Information | One conference room equipped with audio visual technologies. Can seat 20 people



**GOLF LOUNGE**  
Hours of Operation | 24/7  
Location | 2nd floor  
Additional Information: Play a round with your colleagues or practice on the driving range. Suitable for up to four people. Golf clubs are available for sign out from the concierge desk



**BICYCLE STORAGE**  
Hours of operation | 24/7  
Location | Adjacent to Palliser Annex on 10th Avenue  
Additional Information | Includes bike racks and lock bar.

### CLUB AMENITIES



**FITNESS FACILITY**  
Hours of operation | 24/7  
Location | 2nd Floor, +15 Level of North Tower  
Additional Information | 15,000 sf of premier fitness real estate, managed by Heavens fitness



**TENANT LOUNGE AND PATIO**  
Hours of operation | 9:00 a.m. – midnight  
Location | 2nd Floor, +15 Level  
Additional Information | Corporate events may be booked after 4:00 p.m. – midnight daily (Thursday's excluded)



**CONFERENCE CENTRE**  
Hours of operation | Monday to Friday 6:00 a.m. – 9:00 p.m.  
Location | 2nd floor  
Additional Information | The largest meeting room can host up to 230 people, the facility itself features 7 state of the art meeting rooms, each fully equipped with AV technology and video conferencing capabilities



**GOLF & SPORTS SIMULATOR**  
Hours of Operation | 24/7  
Location | Main Level  
Additional Information | The Simulator can simulate an 18-hole golf game or a driving range for practice. It also allows for simulation of 30+ sports and games such as soccer, baseball, basketball, handball, lacrosse, archery, dodgeball, football, hockey, bowling, bocce, carnival games, and more



**RECREATION LOUNGE**  
Hours of operation | Monday to Friday 6:00 a.m. - 6:00 p.m. and Saturday and Sunday 9:00 a.m. - 5:00 p.m.  
Location | Main level of East Tower  
Additional Information | Get a break from the office and come swing your clubs or play your favourite sport, simulated style. This area has two simulator bays, a bocce court and dart area. Other lawn games such as Giant Jenga, Ladder Golf and Corn Hole can be played along with a basketball arcade game, foosball and more



**MULTIPURPOSE SPORT COURT**  
Hours of operation | 6:00 a.m. – 11:00 p.m.  
Location | Main Level  
Additional Information | Gym space available for your favourite sport including floor hockey, basketball, dodgeball, badminton and pickleball



**DOG PATIO**  
Hours of operation | 24/7  
Location | 2nd floor  
Additional Information | Access via the West Patio doors, accessible from the +15. Offers a unique private outdoor area for dogs to play and step outside the office



**BICYCLE STORAGE**  
Hours of operation | 24/7  
Location | West Parkade, Level A  
Additional Information | Two secure bicycle storage rooms are available with bicycle racks (horizontal and vertical), day-use lockers, bicycle wash, bicycle tune-up kit and change room





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## 333 11 AVE

333 – 11th Ave SW, Calgary

### Concierge hours of operation

8:30 a.m. – 4:30 p.m. | Monday – Friday

### Concierge contact

403.830.3379



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## 444 5 AVE

444 – 5th Ave SW, Calgary

### Concierge hours of operation

7:00 a.m. – 3:30 p.m. | Monday – Friday

### Concierge contact

403.617.8791

## CLUB AMENITIES



### FITNESS FACILITY

Hours of operation | 24/7

Location | Main floor

Additional Information | This facility offers the latest cardio and weight machines and towel service



### TENANT LOUNGE

Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m. Bookable for corporate events after hours (6:00 p.m. to 10:00 p.m.)

Location | Suite 230 located on 2nd floor

Additional Information | 1,600 SF located on the second floor including a pool table, shuffleboard, massage chairs, three private telephone rooms, soft seating, large tables and three TV's.



### CONFERENCE ROOM

Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m.

Location | 2nd floor

Additional Information | 2,200 SF facility with multiple moveable desks. Equipped with the latest audiovisual technology. Can hold up to 50 occupants



### BICYCLE STORAGE

Hours of operation | 24/7

Location | Main floor

## CLUB AMENITIES



### TENANT LOUNGE

Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m.

Bookable for corporate events after hours (6:00 p.m. to 10:00 p.m.)

Location | Suite 310, located on 3rd floor



### CONFERENCE ROOM

Hours of operation | Monday to Friday 6:00 a.m. – 6:00 p.m.

Location | Suite 310, located on 3rd floor

Additional Information | 16 seat fixed layout



### BICYCLE STORAGE

Hours of operation | 24/7

Location | Main floor, parking garage



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# MILLENNIUM TOWER


440 - 2 Ave SW, Calgary


**Concierge hours of operation**  
8:30 a.m. – 4:00 p.m. | Monday – Friday


**Concierge contact**  
403.607.0483


## CLUB AMENITIES

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**FITNESS FACILITY**  
Hours of operation | 24/7  
Location | 2nd Floor  
Additional Information | This facility includes club-quality changing rooms, towel service, and the latest cardio and weight machines
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**TENANT LOUNGE**  
Hours of operation | 24/7  
Location | 2nd floor  
Additional Information | Located on the 2nd floor, the lounge is open to all tenants during business hours and bookable for corporate events. It is equipped with table-tennis, pool table, foosball table, Xbox and gaming centre for tenants to enjoy
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**CONFERENCE CENTRE**  
Hours of operation | Monday to Friday 7:00 a.m. – 9:00 p.m.  
Location | 2nd Floor  
Additional Information | The conference facility can seat up to 100 people and can also divide into smaller spaces. The facility is equipped with the latest audio-visual technology
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**GOLF LOUNGE**  
Hours of operation | Monday to Friday 6:00 a.m. – 8:00 p.m.  
Location | Main Floor  
Additional Information | Take a break from the office and come swing your clubs on one of our three Trackman golf simulators. Bookable for private events. Golf clubs are available for sign out from the concierge desk
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**PATIO**  
Hours of operation | Patio is seasonal, 6:00 a.m. – 6:00 p.m.  
Location | 3rd floor  
Additional Information | The patio can be accessed via the 3rd floor, making it the perfect spot for a casual meeting or quick lunch
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**BICYCLE STORAGE**  
Hours of operation | 24/7  
Location | Main floor, parking garage







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10104 103 Avenue  
10104 – 103rd Ave, Edmonton

**Concierge hours of operation**  
8:00 a.m. – 4:00 p.m. | Monday – Friday

**Concierge contact**  
24-hour security: 780.493.7512



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MNP TOWER  
10235 – 101st Ave, Edmonton

**Concierge hours of operation**  
8:00 a.m. – 4:30 p.m. | Monday – Friday

**Concierge contact**  
780.493.7512

CLUB AMENITIES



**JACKSON'S GYM FITNESS FACILITY**  
**Hours of operation** | 24/7  
**Location** | 3rd floor  
**Additional Information** | Equipment includes cardio and weight training equipment. The studio in the facility includes mats, medicine balls, weights and kettle bells. Echelon room available for private booking



**CONFERENCE CENTRE**  
**Hours of operation** | Monday - Friday 8:00 a.m. – 6:00 p.m. After hour bookings are available  
**Location** | 4th floor  
**Additional Information** | Features three large boardrooms; two small breakout rooms; moveable wall for larger meetings. Equipped with the latest audiovisual technology



**GOLF SIMULATOR & LOUNGE**  
**Hours of operation** | 5:00 a.m. – 9:00 p.m.  
**Location** | 3rd floor  
**Additional Information** | Play a round with your associates or practice on the driving range. Suitable for up to four people, this is a great area to relax or have a meeting



**BICYCLE STORAGE**  
**Hours of operation** | 24/7  
**Location** | Main floor & Parkade level



**BICYCLE SHARE PROGRAM**  
**Hours of operation** | 24/7  
**Location** | Main floor Concierge desk



**TENANT LOUNGE**  
**Hours of operation** | Monday - Friday 5:00 a.m. – 10:00 p.m.  
**Location** | 4th Floor  
**Additional Information** | The space offers a fireplace, plenty of soft seating, a kitchen, lawn games, and a barrier free washroom. Corporate events may be booked after 6:00 p.m. or on weekends 10:00 a.m. – 10:00 p.m.



**CONFERENCE CENTRE**  
**Hours of operation** | Monday to Friday 8:00 a.m. – 6:00 p.m.  
**Location** | 4th floor  
**Additional Information** | Features 2 small conference rooms which when combined holds up to 26 people. Fully equipped with AV technology and video conferencing capabilities.



**GOLF LOUNGE**  
**Hours of Operation** | Monday to Friday 5:00 a.m. – 10:00 p.m.  
**Location** | 4th Floor  
**Additional Information:** Play a round with your associates or practice on the driving range. Suitable for up to four people, this is a great area to relax or have a meeting. Golf clubs are available for sign ouwwt from the concierge desk



**BICYCLE STORAGE**  
**Hours of operation** | 24/7  
**Location** | Main floor Bell Tower & Bell Tower Parkade Level 2



**BICYCLE SHARE PROGRAM**  
**Hours of operation** | 24/7  
**Location** | Main floor Concierge desk Bell Tower





ASPEN  
CLUB



The Ampersand  
&REC Lounge



10104 103 Avenue  
Golf Simulator



Edison Fitness Facility



Palliser South Lounge



444 Tenant Lounge



Edison Tenant Lounge



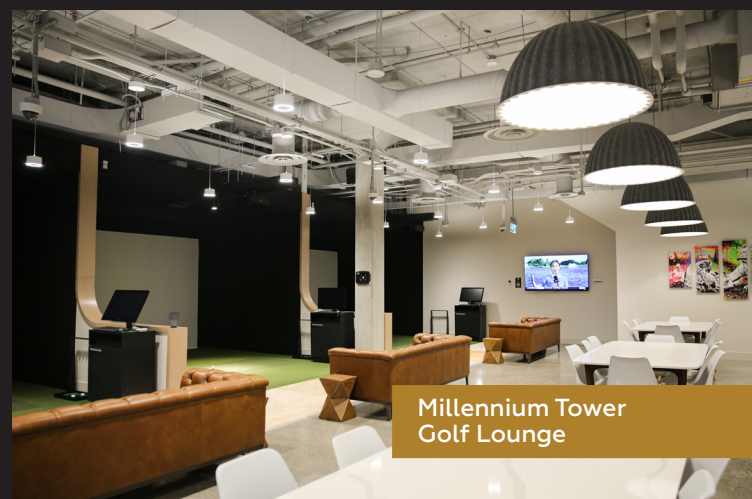
10104 103 Avenue  
Jackson's Gym



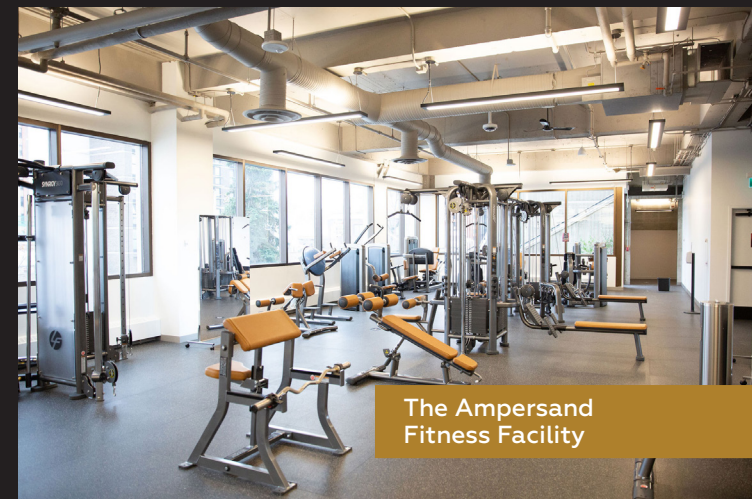
Edison Bicycle Storage



The Ampersand  
Sport Court



Millennium Tower  
Golf Lounge



The Ampersand  
Fitness Facility



MNP Tenant Lounge





Be part of it